

817 N. Country Club Dr.
Mesa, AZ 85201
(Country Club Drive and
Rio Salado Parkway,
behind the church)



Child Crisis Arizona
Safe kids. Strong families.

JUN-AUG
2017

childcrisisaz.org

MESA

FAMILY RESOURCE CLASSES and WORKSHOPS

CONTACT and REGISTRATION To receive this via email, contact classregistration@childcrisisaz.org or **480.834.9424**.

INFORMATION Pre-registration is required for services. Each class has a minimum. If a class is not full, it will be cancelled prior to the first class. **We no longer provide child care.** Children may not go into class or be left unattended on the premises. You must arrive no more than 15 minutes late to receive credit for a class or workshop. Child Crisis Arizona facilities are drug-, alcohol-, and weapon-free.

*CLASSES AND WORKSHOPS ARE SUBJECT TO CHANGE. PLEASE VISIT WEBSITE FOR MOST UPDATED SCHEDULE INFORMATION.

The Arizona Relay Service provides free, 24-hr phone access for the deaf, hard of hearing, deaf-blind and speech impaired. TTY: 711 or 1.800.367.8939 Voice: 1.800.842.4681

Summer Special!

For every **workshop** you complete, you will be entered for a chance to win a gift from our hidden box of treasures in August!

For every **class** you complete, you will receive double entries for a chance to win a gift from our hidden box of treasures in August!

PARENTING CLASSES

PARENTING CHILDREN WITH ADHD

An overview of ADHD, impact of the diagnosis, behaviors, treatment, and parent support.

Mon. 06/05/17-07/17/17 6-7:30 p.m.

COOPERATIVE PARENTING (Class requires \$20 book)

For separated or divorced parents committed to sharing the responsibility of raising their children.

Wed. 06/07/17-06/28/17 6-8 p.m.

PARENTING OF TEENS (Class requires \$15 book)

Parenting skills class for parents of teens ages 12-18.

Wed. 06/08/17-07/13/17 6-8 p.m.

ACTIVE PARENTING (Class requires \$20 book)

Parenting skills class for parents of children ages 5-12.

Wed. 07/05/17-08/09/17 6-8 p.m.

STEP PARENTING (Class requires \$15 book)

Parenting skills class focusing on the characteristics unique to the step family, spousal relationship, discipline, communication, building a strong family identity, and caring for yourself in a blended family.

Thurs. 07/20/17-08/10/17 6-8 p.m.

CHILDREN'S PROGRAMS

PLAYGROUP

Bring your child(ren) ages 1-5 and enjoy a variety of creative learning experiences. No registration required.

Tuesdays 10-11:30 a.m.

PLAYTIME WITH DAD

For dads and their kids ages 1-5 to enjoy a variety of creative learning experiences.

Sat. 07/15/17 10-11:30 a.m.

FRIDAY NIGHT FAMILY ACTIVITIES

We offer two Friday night family activities a month. Activities are appropriate for all ages and allow you to spend time together crafting, playing games, and having fun. Check calendar for more details!

ANGER MANAGEMENT CLASSES

ANGER MANAGEMENT FOR FATHERS

A class for men that explores anger, control, and other emotions related to parenting.

Mon. 06/26/17-07/24/17 6-8:30 p.m.

RAGING RHINOS & GROWLING GRIZZLIES

A skill-building class for early signs of temper tendencies. For kids ages 6-10 and their parents.

Fri. 07/07/17-07/28/17 2-3:30 p.m.

LEGAL CLINICS

FAMILY LAW & CHILD SUPPORT ASSISTANCE CLINICS

1st Tues. monthly (call for info.) 6-8 p.m.

GUARDIANSHIP CLINIC* (ENGLISH AND SPANISH)

Document preparation assistance for kinship caregivers to establish legal guardianship. *Registration required.

2nd Thurs. monthly 2-4 p.m.

PARENTING WORKSHOPS

CHILD DEVELOPMENT

General information about physical, social, emotional and cognitive development of children birth-5.

Mon. 06/05/17 9-11 a.m.

Tues. 07/25/17 6-8 p.m.

POTTY TRAINING 101

Strategies for helping your child potty train successfully.

Mon. 06/05/17 1-3 p.m.

TRIPLE P®- THE POWER OF POSITIVE PARENTING

Parents learn positive parenting principles.

Tues. 06/06 2-4 p.m.

COMMUNICATING EFFECTIVELY WITH INFANTS & TODDLERS

An overview of successful parent/child communication styles as well as practical suggestions to improve communication with young children.

Sat. 06/10/17 10 a.m.-12 p.m.

BEATING BEDTIME BATTLES

Strategies for winning the bedtime battles with your kids.

Mon. 06/12/17 1-3 p.m.

RAISING EMOTIONALLY HEALTHY CHILDREN

This workshop explores the five critical emotional needs of all human beings.

Tues. 06/13/17 1-3 p.m.

A CAREGIVER'S GUIDE TO UNDERSTANDING TEEN DATING VIOLENCE

Walk away with a better understanding of teen dating violence as well as what to look for and communication tips.

Thurs. 06/15/17 3-5 p.m.

ATTACHMENT & BONDING WITH INFANTS & TODDLERS

Key interactions that build secure bonding and attachment between adults and young children.

Tues. 06/20/17 10 a.m.-12 p.m.

UNDERSTANDING TEMPERAMENT

Learn how personality is shaped and tips to improve parent/child relationships.

Tues. 06/20/17 2-4 p.m.

SHE CALLS ME DADDY

Fathers learn the impact that they have on their daughters' lives.

Tues. 06/20/17 6-8 p.m.

PLANNING BUDGET FRIENDLY SUMMER ACTIVITIES

Join us for an informational workshop on where to find free/budget friendly summer activities for families. Discover the free hidden treasures within your community.

Sat. 06/24/17 10 a.m.-12 p.m.

UNDERSTANDING MATERNAL & PATERNAL PARENTING STYLES

Compare and contrast maternal and paternal parenting styles to enable family service staff to recognize and respect both approaches.

Mon. 06/26/17 1-3 p.m.

RAISING HEALTHY SONS

31 tips for raising healthy sons.

Tues. 06/27/17 2-4 p.m.

PARENTING AND STRESS

Improve communication during stressful times.

Thurs. 07/06/17 1-3 p.m.

PARENTING ON THE SAME PAGE

Positive co-parenting strategies for same and separate households.

Sat. 07/08/17 10a.m.-12 p.m.

LITTLE BOOKWORMS

Strategies for helping your child birth to five learn language, communication and literacy skills.

Thurs. 07/13/17 2-4 p.m.

POSITIVE DISCIPLINE AND GUIDANCE

Effective discipline techniques for children of all ages.

Mon. 07/17/17 1-3 p.m.

HE SAID, SHE SAID: IMPROVING INTERPERSONAL COMMUNICATION WITH YOUR CO-PARENT

Strategies to enhance and understand male and female communication.

Tues. 07/18/17 3-5 p.m.

TRIPLE P®- RAISING CONFIDENT, COMPETENT CHILDREN

How to help children learn important life skills and how to become confident, competent individuals.

Sat. 07/22/17 10 a.m.-12 p.m.

CPR & FIRST AID

One-night class certification in CPR/First Aid. Cost is \$40 for both or \$35 for CPR or First Aid only.

Wed. 07/26/17 5:30-9 p.m.

HAPPIEST BABY ON THE BLOCK

Learn how to calm your infant age birth to 3 months.

Thurs. 07/27/17 10 a.m.-12 p.m.

ADVERSE CHILDHOOD EXPERIENCES

Awareness of the effects of childhood trauma on adult health and how to keep kids safe and healthy.

Thurs. 07/27/17 6-8 p.m.

¡Especial de verano!

¡Para cada taller que complete, usted será entrado para una ocasión de ganar un regalo de nuestra cajita de tesoros en agosto!

¡Para cada clase que completes, recibirás entradas dobles para tener la oportunidad de ganar un regalo de nuestra cajita de tesoros en agosto!

SERVICIOS EN ESPAÑOL

ORIENTACIÓN Y DISCIPLINA POSITIVA

Técnicas de disciplina efectiva para las familias.

Martes 06/13/17 2-4 p.m.

EXPERIENCIAS DE LA NIÑEZ ADVERSOS

Saber los efectos del trauma de la niñez y como afecta la salud del adulto, y cómo mantener a los niños seguros y saludables.

Martes 06/20/17 6-8 p.m.

DESARROLLO DEL NIÑO

Información general sobre el desarrollo físico, social, emocional y cognitivo de los niños desde el nacimiento hasta los once años.

Jueves 06/22/17 2-4 p.m.

1, 2, 3, 4 PADRES (\$15.00 costo de libro)

Un curso para mejorar sus habilidades como padre de familia. 1-4 años.

Miércoles 07/12/17-08/16/17 10 a.m.-12 p.m.

LA COMUNICACIÓN EFICAZ CON BEBÉS Y NIÑOS PEQUEÑOS

Una visión general de los padres y de la comunicación infantil exitosos estilos, con sugerencias prácticas para mejorar la comunicación con niños pequeños.

Martes 07/13/17 10 a.m.-12 p.m.

CLÍNICA DE TUTELA*

Una clínica de asistencia para los cuidadores de los parientes, ayuda en la preparación de documentos para establecer la tutela legal. *Se requiere registro.

Mensualmente, el segundo jueves del mes 2-4 p.m.