

2334 E. Polk Street
Phoenix, AZ 85006



Child Crisis Arizona
Safe kids. Strong families.

JAN-MAY
2017

childcrisisaz.org

PHOENIX

FAMILY RESOURCE CLASSES and WORKSHOPS

CONTACT and REGISTRATION To receive this via email, contact classregistration@childcrisisaz.org or **480.834.9424**.

INFORMATION Pre-registration is required for services. If a class is not full, it will be cancelled prior to the first class.

We no longer provide child care. Children may not go into class or be left unattended on the premises. You must arrive no more than 15 minutes late to receive credit for a class or workshop. Child Crisis Arizona facilities are drug-, alcohol-, and weapon-free.

*CLASSES AND WORKSHOPS ARE SUBJECT TO CHANGE. PLEASE VISIT WEBSITE FOR MOST UPDATED SCHEDULE INFORMATION.

The Arizona Relay Service provides free, 24-hr phone access for the deaf, hard of hearing, deaf-blind and speech impaired. TTY: 711 or 1.800.367.8939 Voice: 1.800.842.4681

PARENTING CLASSES

1,2,3,4 PARENTS! (Class requires \$15 book)

Parenting skills class for parents of children ages 1-4.

Wed. 01/11/17-02/15/17 2-4 p.m.

Mon. 05/01/17-06/12/17* 2-4 p.m.

*No class 05/29 due to Memorial Day

PARENTING WITH PATIENCE

Tips to handle anger and stress related to parenting.

Thurs. 02/02/17-03/09/17 1:30-3:30 p.m.

PARENTING OF TEENS (Class requires \$15 book)

Parenting skills class for parents of teens ages 12-18.

Wed. 03/15/17-04/19/17 1-3 p.m.

ACTIVE PARENTING (Class requires \$20 book)

Parenting skills class for parents of children ages 5-12.

Wed. 04/05/17-05/10/17 10a.m.-12 p.m.

PARENTING THROUGH TRANSITION

Covers the impact of transition/loss on parents and children and strategies to handle change.

Wed. 05/03/17-05/24/17 1-3 p.m.

STEP-PARENTING (Class requires \$15 book)

Parenting skills class focusing on the characteristics unique to the step-family, spousal relationship, discipline, communication, building a strong family identity and caring for yourself in a blended family.

Wed. 05/17/17-06/07/17 9-11 a.m.

SERVICIOS EN ESPAÑOL

TRIPLE P®- EL PODER DE LA CRIANZA POSITIVA

Presenta los cinco principios básicos de la crianza positiva.

Lunes 01/23/17 9:30-11:30 a.m.

ORIENTACIÓN Y DISCIPLINA POSITIVA

Técnicas de disciplina efectiva para las familias.

Lunes 01/30/17 1-3 p.m.

Martes 04/04/17 10 a.m.-12 p.m.

UTILIZANDO LOS RECURSOS DE LA COMUNIDAD

Un taller que enseña como pedir y utilizar los recursos de su comunidad y como pedir ayuda a su red de apoyo.

Miércoles 02/01/17 1-3:30 p.m.

PATERNIDAD ACTIVA (\$20.00 costo de libro)

Un curso para mejorar sus habilidades como padre de familia. 5-12 años.

Jueves 03/16/17-04/20/17 9-11 a.m.

TRIPLE P®- COMO CRIAR NINOS SEGUROS, CAPACES

Cómo ayudar a los niños a aprender habilidades importantes de la vida y cómo ser personas de confianza y competentes.

Martes 02/28/17 1-3 p.m.

TRIPLE P®- LA CRIANZA DE NINOS RESISTENTES

Los padres aprenden cómo enseñar a los niños habilidades de regulación de emoción.

Martes 03/14/17 10 a.m.-12 p.m.

1,2,3,4 PADRES! (\$15.00 costo de libro)

Un curso para mejorar sus habilidades como padre de familia. 1-4 años.

Martes 03/14/17-04/18/17 1-3 p.m.

COMPRENSIÓN DE EL TEMPERAMENTO

Información sobre cómo se forma la personalidad y consejos para mejorar las relaciones de padre e hijo.

Martes 03/21/17 10 a.m.-12 p.m.

Jueves 05/18/17 10 a.m.-12 p.m.

DESARROLLO DEL NIÑO

Información general sobre el desarrollo físico, social, emocional y cognitivo de los niños desde el nacimiento hasta los once años.

Jueves 05/04/17 10 a.m.-12 p.m.

CRIANZA DE LOS NIÑOS EMOCIONALMENTE SANOS

Información sobre el fortalecimiento de la competencia social y emocional de los niños.

Lunes 05/08/17 10 a.m.-12 p.m.

PARENT WORKSHOPS

SHE CALLS ME DADDY

Fathers learn the impact that they have on their daughters' lives.

Wed. 01/18/17 1-3 p.m.
Wed. 05/24/17 1-3 p.m.

LITTLE BOOKWORMS

Strategies for helping your child birth to five learn language, communication and literacy skills.

Fri. 01/20/17 10 a.m.-12 p.m.
Mon. 04/10/17 1-3 p.m.

CHILD DEVELOPMENT

General information about physical, social, emotional and cognitive development of children birth to five.

Mon. 01/23/17 1-3 p.m.
Wed. 05/31/17 1-3 p.m.

COMMUNICATING EFFECTIVELY WITH INFANTS AND TODDLERS

An overview of successful parent/child communication styles as well as practical suggestions to improve communication with young children.

Mon. 01/30/17 9:30-11:30 a.m.
Thurs. 04/06/17 1-3 p.m.

RAISING EMOTIONALLY HEALTHY CHILDREN

Information on strengthening children's social and emotional competence.

Thurs. 02/02/17 10 a.m.-12 p.m.
Mon. 05/08/17 10 a.m.-12 p.m.

ADVERSE CHILDHOOD EXPERIENCES

Awareness of the effects of childhood trauma on adult health and how to keep kids safe and healthy.

Tues. 02/07/17 10 a.m.-12 p.m.
Wed. 04/26/17 1-3 p.m.

A CAREGIVER'S GUIDE TO UNDERSTANDING TEEN DATING VIOLENCE

Walk away with a better understanding of teen dating violence as well as what to look for and communication tips.

Tues. 02/14/17 9-11 a.m.
Thurs. 04/20/17 2-4 p.m.

PARENTING AND STRESS

Improve communication during stressful times.

Mon. 02/27/17 9-11 a.m.
Thurs. 04/13/17 1-3 p.m.

ACCESSING AND NAVIGATING YOUR COMMUNITY RESOURCES

A 1.5 hour session dedicated to learning how to tap into your immediate support network, access community resources and navigate through the community for individual needs.

Wed. 03/01/17 1-2:30 p.m.

POSITIVE DISCIPLINE AND GUIDANCE

Effective discipline techniques for families.

Wed. 03/01/17 10:30 a.m.-12:30 p.m.
Fri. 05/19/17 10 a.m.-12 p.m.

EXPECTANT CHILD AND INFANT CARE

Discuss how to calm a crying baby, brain development and other infant related topics. For expectant parents of infants, birth to 3 months.

Wed. 03/01/17 and 03/08/17 1-3 p.m.

PARENTING ON THE SAME PAGE

Positive co-parenting strategies for same and separate households.

Fri. 03/10/17 10 a.m.-12 p.m.
Thurs. 05/04/17 1-3 p.m.

RAISING HEALTHY SONS

31 tips for raising healthy sons.

Thurs. 03/02/17 1-3 p.m.
Mon. 04/03/17 9-11 a.m.

FINANCIAL LITERACY WORKSHOPS

CREATING A SPENDING PLAN TO HELP YOU SECURE YOUR FINANCIAL FUTURE

Five steps to creating a realistic spending plan and reach a savings goal.

Tues. 02/21/17 9-11 a.m.

HOW TO PREVENT IDENTITY THEFT/AVOID SCAMS AND FRAUD

Methods of ID theft and how to recover if you have been a victim. How to identify different types of scams, fraud and misleading advertisements.

Wed. 04/19/17 1-3 p.m.