

2334 E. Polk Street
Phoenix, AZ 85006



Child Crisis Arizona
Safe kids. Strong families.

JUN-AUG
2017

childcrisisaz.org

PHOENIX

FAMILY RESOURCE CLASSES and WORKSHOPS

CONTACT and REGISTRATION To receive this via email, contact classregistration@childcrisisaz.org or **480.834.9424**.

INFORMATION Pre-registration is required for services. Each class has a minimum. If a class is not full, it will be cancelled prior to the first class. **We no longer provide child care.** Children may not go into class or be left unattended on the premises. You must arrive no more than 15 minutes late to receive credit for a class or workshop. Child Crisis Arizona facilities are drug-, alcohol-, and weapon-free.

*CLASSES AND WORKSHOPS ARE SUBJECT TO CHANGE. PLEASE VISIT WEBSITE FOR MOST UPDATED SCHEDULE INFORMATION.

The Arizona Relay Service provides free, 24-hr phone access for the deaf, hard of hearing, deaf-blind and speech impaired. TTY: 711 or 1.800.367.8939 Voice: 1.800.842.4681

Summer Special!

For every workshop you complete, you will be entered for a chance to win a gift from our hidden box of treasures in August!

For every class you complete, you will receive double entries for a chance to win a gift from our hidden box of treasures in August!

PARENTING CLASSES

PARENTING WITH PATIENCE

Tips to handle anger and stress related to parenting.

Wed. 06/21/17-07/26/17 1-3 p.m.

1,2,3,4 PARENTS! (Class requires \$15 book)

Parenting skills class for parents of children ages 1-4.

Mon. 06/26/17-07/31/17 10 a.m.-12 p.m.

PARENTING THROUGH TRANSITION

Covers the impact of transition/loss on parents and children and new strategies to handle change.

Wed. 07/19/17-08/09/17 1-3 p.m.

PARENT WORKSHOPS

POSITIVE DISCIPLINE AND GUIDANCE

Effective discipline techniques for children of all ages.

Thurs. 06/01/17 10 a.m.-12 p.m.

CHILD DEVELOPMENT

General information about physical, social, emotional and cognitive development of children birth-5.

Thurs. 06/01/17 1-3 p.m.

PARENTING ON THE SAME PAGE

Positive co-parenting strategies for same and separate households.

Tues. 06/06/17 10 a.m.-12 p.m.

PLANNING BUDGET FRIENDLY SUMMER ACTIVITIES

Join us for an informational workshop on where to find free/ budget friendly summer activities for families. Discover the free hidden treasures within your community.

Wed. 06/14/17 10 a.m.-12 p.m.

UNDERSTANDING TEMPERAMENT

Learn the difference between personality and temperament to understand how we are shaped and discover tips to improve parent/child relationships.

Wed. 06/14/17 1-3 p.m.

ADVERSE CHILDHOOD EXPERIENCES

Awareness of the effects of childhood trauma on adult health and how to keep kids safe and healthy.

Thurs. 06/15/17 10 a.m.-12 p.m.

PARENTING AND STRESS

Improve communication during stressful times.

Thurs. 06/15/17 1-3 p.m.

RAISING EMOTIONALLY HEALTHY CHILDREN

This workshop explores the five critical emotional needs of all human beings.

Wed. 06/21/17 10 a.m.-12 p.m.

TRIPLE P®- RAISING CONFIDENT, COMPETENT CHILDREN

How to help children learn important life skills and how to become confident, competent individuals.

Thurs. 06/22/17 1-3 p.m.

POTTY TRAINING 101

Strategies for helping your child potty train successfully.

Tues. 06/27/17 10 a.m.-12 p.m.

SHE CALLS ME DADDY

Fathers learn the impact that they have on their daughters' lives.

Thurs. 06/29/17 1-3 p.m.

BEATING BEDTIME BATTLES

Strategies for winning the bedtime battles with your kids.

Mon. 07/10/17 1-3 p.m.

TRIPLE P®- RAISING RESILIENT CHILDREN

Parents learn how to teach children emotion regulation skills.

Thurs. 07/13/17 2-4 p.m.

RAISING HEALTHY SONS

31 tips for raising healthy sons.

Mon. 07/17/17 2-4 p.m.

COMMUNICATING EFFECTIVELY WITH INFANTS AND TODDLERS

An overview of successful parent/child communication styles as well as practical suggestions to improve communication with young children.

Mon. 07/24/17 1-3 p.m.

¡Especial de verano!

¡Para cada taller que complete, usted será entrado para una ocasión de ganar un regalo de nuestra cajita de tesoros en agosto!

¡Para cada clase que completes, recibirás entradas dobles para tener la oportunidad de ganar un regalo de nuestra cajita de tesoros en agosto!

SERVICIOS EN ESPAÑOL

PATERNIDAD ACTIVA (\$20.00 costo de libro)

Un curso para mejorar sus habilidades como padre de familia. 5-12 años.

Martes 06/06/17-07/18/17* 1-3 p.m.

*no hay clases el 07/04/17

TRIPLE P®- EL PODER DE LA CRIANZA POSITIVA

Presenta los 5 principios básicos de la crianza positiva.

Jueves 06/08/17 1-3 p.m.

COMPRESIÓN DE EL TEMPERAMENTO

Información sobre cómo se forma la personalidad y consejos para mejorar las relaciones de padre e hijo.

Martes 07/11/17 10 a.m.-12 p.m.

TRIPLE P®- COMO CRIAR NINOS SEGUROS, CAPACES

Cómo ayudar a los niños a aprender habilidades importantes de la vida y cómo ser personas de confianza y competentes.

Miércoles 07/12/17 2-4 p.m.

DESARROLLO DEL NIÑO

Información general sobre el desarrollo físico, social, emocional y cognitivo de los niños desde el nacimiento hasta los once años.

Jueves 07/20/17 1-3 p.m.

TRIPLE P®- LA CRIANZA DE NINOS RESISTENTES

Los padres aprenden cómo enseñar a los niños habilidades de regulación de emoción.

Lunes 07/31/17 1-3 p.m.