COMMUNITY-BASED CLASSES & WORKSHOPS

CONTACT & REGISTRATION
To receive this via email, contact us at classregistration@childcrisisaz.org, (480) 834-9424 or childcrisisaz.org.

INFORMATION
Pre-registration is required for services. Each class has a minimum. If a class is not full it will be cancelled prior to the first night. We no longer provide child care. Children may not go into class or be left unattended on the premises. You must arrive no more than 5 minutes late to receive credit for a class or workshop. Child Crisis Arizona facilities are drug, alcohol, and weapon-free.

The Arizona Relay Service provides free 24-hr phone access for the deaf, hard of hearing, deaf-blind, and speech impaired. TTY: 711 or 1.800.367.8939 Voice: 1.800.842.4681.

CLASSES AND WORKSHOPS ARE SUBJECT TO CHANGE. PLEASE VISIT OUR WEBSITE FOR UPDATED SCHEDULE INFORMATION.

A NEW LEAF - LA MESITA
2254 W. Main Street
Mesa, AZ 85201

Raising Emotionally Intelligent Children
Social emotional development in children is crucial to a child’s ability to survive and thrive. Together, we explore the foundation of emotional health and literacy as well as strategies to support social and emotional development from early childhood through teen years.

Thurs.  1/16  6:30 - 8:30 pm

Adverse Childhood Experiences
Childhood trauma effects behavior into adulthood. Learn about the behavioral impacts, and how to promote healthy behaviors to keep kids safe.

Wed.  2/12  6:30 - 8:30 pm

Understanding Temperament
Learn the three main innate temperament styles and the traits impacting child and adult behavior. We explain how to adjust parenting styles to meet the needs of each child’s temperament, in order to promote healthy development. This workshop also introduces caregivers to positive discipline and the importance of routines for healthy child development.

Mon.  3/30  6:30 - 8:30 pm

Positive Discipline and Guidance
Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

Mon.  4/20  6:30 - 8:30 pm

Bullying – Signs, Symptoms, and Solutions
A bully is defined as an individual who seeks out others that are viewed as vulnerable, with intent to cause harm. Bullying is a reality for our youth, and it’s important to know signs and strategies to support those who are bullying and being bullied.

Tues.  5/26  6:30 - 8:30 pm

AZCEND
345 S. California Street
Chandler, AZ 85225

Child Development
An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage.

Tues.  1/14  2 - 4 pm
Understanding Temperament
Learn the three main innate temperament styles and the traits impacting child and adult behavior. We explain how to adjust parenting styles to meet the needs of each child’s temperament, in order to promote healthy development.
Tues.                     2/11  2 - 4 pm

Promoting Secure Attachment
Secure attachment is the foundation for healthy relationships from childhood into adulthood. Explore parenting strategies and interactions to foster healthy attachment in your child’s life.
Tues.                     3/10  2 - 4 pm

Raising Emotionally Intelligent Children
Social emotional development in children is crucial to a child’s ability to survive and thrive. Together, we explore the foundation of emotional health and literacy as well as strategies to support social and emotional development from early childhood through teen years.
Tues.                     4/14  2 - 4 pm

Positive Discipline and Guidance
Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.
Tues.                     5/12  2 - 4 pm

Managing Stress as a Parent
Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.
Wed.                     5/13  2 - 4 pm

BURTON BARR CENTRAL LIBRARY
1221 N. Central Ave
Phoenix, AZ 85004

Positive Discipline and Guidance
Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.
Thurs.                    2/27  11 - 12:30 pm

FLORENCE SCHOOL DISTRICT-- POSTON BUTTE HIGH SCHOOL
32375 N. Gantzel Road
San Tan Valley, AZ 85143

Managing Stress as a Parent
Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.
Tues.                     1/14  6:30 - 8:30 pm

Positive Discipline and Guidance
Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.
Tues.                     2/18  6:30 - 8:30 pm
Tues.                     3/31  6:30 - 8:30 pm

Understanding Online Safety
In a world where technology continues to advance, youth today are exposed to many things through the internet, social media and various apps. Learn about online safety, setting technology limits and other media issues that youth are facing when online.
Wed.                     4/21  6:30 - 8:30 pm
Promoting Secure Attachment
Secure attachment is the foundation for healthy relationships from childhood into adulthood. Explore parenting strategies and interactions to foster healthy attachment in your child’s life.
Tues. 1/21 5:45 - 7:45 pm

Parenting on the Same Page
Information and strategies for co-parenting children whether you’re in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children to grow into healthy adults. Learn about communication patterns and analyze individual communication styles.
Tues. 2/18 2 - 4 pm

Child Development
An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage as well as practical suggestions to improve communication with young children.
Wed. 3/18 9:30 - 11:30 am

Positive Discipline and Guidance
Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.
Mon. 4/20 5:45 - 7:45 pm

Adverse Childhood Experiences
Childhood trauma effects behavior into adulthood. Learn about the behavioral impacts, and how to promote healthy behaviors to keep kids safe.
Tues. 5/19 2 - 4 pm

Understanding Temperament
Learn the three main innate temperament styles and the traits impacting child and adult behavior. We explain how to adjust parenting styles to meet the needs of each child’s temperament, in order to promote healthy development.
Wed. 6/17 9:30 - 11:30 am

Positive Discipline and Guidance
Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.
Wed. 1/8 10 am - 12 pm

Promoting Secure Attachment
Secure attachment is the foundation for healthy relationships from childhood into adulthood. Explore parenting strategies and interactions to foster healthy attachment in your child’s life.
Wed. 6/17 9:30 - 11:30 am

FSWF workshops only available to individuals who identify as female.

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Tues. 2/18 2 - 4 pm

Child Development
An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage as well as practical suggestions to improve communication with young children.
Wed. 3/18 9:30 - 11:30 am

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Mon. 4/20 5:45 - 7:45 pm

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Wed. 6/17 9:30 - 11:30 am
Understanding Temperament
Learn the three main innate temperament styles and the traits impacting child and adult behavior. We explain how to adjust parenting styles to meet the needs of each child’s temperament, in order to promote healthy development.

Wed.                      2/26                6 - 8 pm

Parenting Through Adverse Childhood Experiences
As a second part to our Adverse Childhood Experiences workshop, this is aimed at helping parent through the effects adverse childhood experiences. Explore strategies to build emotionally healthy families by learning about the healing process and behavior management techniques.

Wed.                      3/25                6 - 8 pm

ICAN
650 E. Morelos Street
Chandler, AZ 85225

Bullying – Signs, Symptoms, and Solutions
A bully is defined as an individual who seeks out others that are viewed as vulnerable, with intent to cause harm. Bullying is a reality for our youth, and it’s important to know signs and strategies to support those who are bullying and being bullied.

Thurs.                   1/9                    5:30 - 7:30 pm

Adverse Childhood Experiences
Childhood trauma effects behavior into adulthood. Learn about the behavioral impacts, and how to promote healthy behaviors to keep kids safe.

Thurs.                      5/14              5:30 - 7:30 pm

MESA PUBLIC LIBRARY
64 E 1st St.
Mesa, AZ 85201

*Must register with the library

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Tues.                      3/3                    3 - 5 pm

Adverse Childhood Experiences
Childhood trauma effects behavior into adulthood. Learn about the behavioral impacts, and how to promote healthy behaviors to keep kids safe.

Tues.                      4/7                    5:30 - 7:30 pm

Parenting on the Same Page
Information and strategies for co-parenting children whether you’re in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children to grow into healthy adults. Learn about communication patterns and analyze individual communication styles.

Tues.                      5/5                    5:30 - 7:30 pm

MESA PUBLIC SCHOOLS - IRVING ELEMENTARY
3220 E. Pueblo Ave.
Mesa, AZ 85204

Adverse Childhood Experiences
Childhood trauma effects behavior into adulthood. Learn about the behavioral impacts, and how to promote healthy behaviors to keep kids safe.

Thurs.                      3/19              6 - 8 pm

Managing Stress as a Parent
Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Thurs.                      5/7                    6 - 8 pm

HELEN'S HOPE CHEST
126 E. University Dr.
Mesa, AZ 85201

Relatives as Parents Support Group
Join other kinship families to find support and community connections
2nd Tues. of every month       6 - 7:30 pm

HIRSCH ACADEMY
6535 E. Osborn Rd. #401
Scottsdale, AZ 85251

Parenting Through Adverse Childhood Experiences
As a second part to our Adverse Childhood Experiences workshop, this is aimed at helping parent through the effects adverse childhood experiences. Explore strategies to build emotionally healthy families by learning about the healing process and behavior management techniques.

Wed.                      2/26                6 - 8 pm

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Thurs.                   1/9                    5:30 - 7:330 pm

Adverse Childhood Experiences
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Thurs.                      5/14              5:30 - 7:30 pm
Child Development
An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage as well as practical suggestions to improve communication with young children.
Tues. 1/21 10 am - 12 pm

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Mon. 1/27 5 - 7 pm

Promoting Secure Attachment
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Tues. 2/25 10 am - 12 pm

Parenting on the Same Page
Information and strategies for co-parenting children whether you’re in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children to grow into healthy adults. Learn about communication patterns and analyze individual communication styles.
Tues. 3/31 10 am - 12 pm

Kindergarten Readiness
This workshop focuses on how to help children make the transition from preschool into kindergarten. Each participant will receive a free kindergarten readiness kit (while supplies last).
Tues. 4/21 10 am - 12 pm

Raising Emotionally Intelligent Children
Social emotional development in children is crucial to a child’s ability to survive and thrive. Together, we explore the foundation of emotional health and literacy as well as strategies to support social and emotional development from early childhood through teen years.
Thurs. 1/9 5:30 - 7:30 pm

Kindergarten Readiness
This workshop focuses on how to help children make the transition from preschool into kindergarten. Each participant will receive a free kindergarten readiness kit (while supplies last).
Thurs. 3/12 5:30 - 7:30 pm

A Guide to Healthy Teen Dating
Walk away with a better understanding of how to influence your teen to have healthy teen dating relationships while also learning the signs of dating violence. This workshop is recommended for parents with children as young as 11-years.
Thurs. 2/6 5:30 pm - 7:30 pm

Bullying – Signs, Symptoms, and Solutions
Bullying is a reality for our youth, and it’s important to know signs and strategies to support those who are bullying and being bullied.
Wed. 2/12 12 - 2 pm

Child Development
An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage as well as practical suggestions to improve communication.
Tues. 3/31 12 - 2 pm