



COMMUNITY-BASED CLASSES & WORKSHOPS

CONTACT & REGISTRATION

To receive this via email, contact us at classregistration@childcrisisaz.org, (480) 834-9424 or childcrisisaz.org.

INFORMATION

Pre-registration is required for services. Each class has a minimum. If a class is not full it will be cancelled prior to the first night. We no longer provide child care. Children may not go into class or be left unattended on the premises. You must arrive no more than 5 minutes late to receive credit for a class or workshop. Child Crisis Arizona facilities are drug, alcohol, and weapon-free.

The Arizona Relay Service provides free 24-hr phone access for the deaf, hard of hearing, deaf-blind, and speech impaired. TTY: 711 or 1.800.367.8939 Voice: 1.800.842.4681.

**CLASSES AND WORKSHOPS ARE SUBJECT TO CHANGE.
PLEASE VISIT OUR WEBSITE FOR UPDATED SCHEDULE INFORMATION.**

A NEW LEAF - LA MESITA
2254 W. Main Street
Mesa, AZ 85201

Raising Emotionally Intelligent Children
Social emotional development in children is crucial to a child's ability to survive and thrive. Together, we explore the foundation of emotional health and literacy as well as strategies to support social and emotional development from early childhood through teen years.
Thurs. 1/16 6:30 - 8:30 pm

Adverse Childhood Experiences
Childhood trauma effects behavior into adulthood. Learn about the behavioral impacts, and how to promote healthy behaviors to keep kids safe.
Wed. 2/12 6:30 - 8:30 pm

Understanding Temperament
Learn the three main innate temperament styles and the traits impacting child and adult behavior. We explain how to adjust parenting styles to meet the needs of each child's temperament, in order to promote healthy development. This workshop also introduces caregivers to positive discipline and the importance of routines for healthy child development.
Mon. 3/30 6:30 - 8:30 pm

Positive Discipline and Guidance
Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.
Mon. 4/20 6:30 - 8:30 pm

Bullying – Signs, Symptoms, and Solutions
A bully is defined as an individual who seeks out others that are viewed as vulnerable, with intent to cause harm. Bullying is a reality for our youth, and it's important to know signs and strategies to support those who are bullying and being bullied.
Tues. 5/26 6:30 - 8:30 pm

AZCEND
345 S. California Street
Chandler, AZ 85225

Child Development
An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage.
Tues. 1/14 2 - 4 pm

Understanding Temperament

Learn the three main innate temperament styles and the traits impacting child and adult behavior. We explain how to adjust parenting styles to meet the needs of each child's temperament, in order to promote healthy development.

Tues. 2/11 2 - 4 pm

Promoting Secure Attachment

Secure attachment is the foundation for healthy relationships from childhood into adulthood. Explore parenting strategies and interactions to foster healthy attachment in your child's life.

Tues. 3/10 2 - 4 pm

Raising Emotionally Intelligent Children

Social emotional development in children is crucial to a child's ability to survive and thrive. Together, we explore the foundation of emotional health and literacy as well as strategies to support social and emotional development from early childhood through teen years.

Tues. 4/14 2 - 4 pm

Positive Discipline and Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

Tues. 5/12 2 - 4 pm

AZCEND

**132 W. Bruce Ave.
Gilbert, AZ 85233**

Bullying – Signs, Symptoms, and Solutions

A bully is defined as an individual who seeks out others that are viewed as vulnerable, with intent to cause harm. Bullying is a reality for our youth, and it's important to know signs and strategies to support those who are bullying and being bullied.

Wed. 2/12 2 - 4 pm

Raising Sons & Daughters

Parents play a crucial role in the lives of their children. Understand the impact both fathers and mothers have on the lives of their children while exploring tips and strategies for raising healthy sons and daughters.

Wed. 3/11 2 - 4 pm

Managing Stress as a Parent

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Wed. 5/13 2 - 4 pm

BURTON BARR CENTRAL LIBRARY

**1221 N. Central Ave
Phoenix, AZ 85004**

Positive Discipline and Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

Thurs. 2/27 11 - 12:30 pm

FLORENCE SCHOOL DISTRICT-- POSTON BUTTE HIGH SCHOOL

**32375 N. Gantzel Road
San Tan Valley, AZ 85143**

Managing Stress as a Parent

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Tues. 1/14 6:30 - 8:30 pm

Positive Discipline and Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

Tues. 2/18 6:30 - 8:30 pm

Tues. 3/31 6:30 - 8:30 pm

Understanding Online Safety

In a world where technology continues to advance, youth today are exposed to many things through the internet, social media and various apps. Learn about online safety, setting technology limits and other media issues that youth are facing when online.

Wed. 4/21 6:30 - 8:30 pm

FRESH START WOMEN'S FOUNDATION

1130 E. McDowell Road
Phoenix, AZ 85006

FSWF workshops only available to individuals who identify as female.

Promoting Secure Attachment

Secure attachment is the foundation for healthy relationships from childhood into adulthood. Explore parenting strategies and interactions to foster healthy attachment in your child's life.

Tues. 1/21 5:45 - 7:45 pm

Parenting on the Same Page

Information and strategies for co-parenting children whether you're in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children to grow into healthy adults. Learn about communication patterns and analyze individual communication styles.

Tues. 2/18 2 - 4 pm

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage as well as practical suggestions to improve communication with young children.

Wed. 3/18 9:30 - 11:30 am

Positive Discipline and Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

Mon. 4/20 5:45 - 7:45 pm

Adverse Childhood Experiences

Childhood trauma effects behavior into adulthood. Learn about the behavioral impacts, and how to promote healthy behaviors to keep kids safe.

Tues. 5/19 2 - 4 pm

Understanding Temperament

Learn the three main innate temperament styles and the traits impacting child and adult behavior. We explain how to adjust parenting styles to meet the needs of each child's temperament, in order to promote healthy development.

Wed. 6/17 9:30 - 11:30 am

HEALING HEARTS PEDIATRICS

21805 S. Ellsworth Rd. Suite B111
Queen Creek, AZ 85142

Positive Discipline and Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

Wed. 1/8 10 am - 12 pm

Promoting Secure Attachment

Secure attachment is the foundation for healthy relationships from childhood into adulthood. Explore parenting strategies and interactions to foster healthy attachment in your child's life.

Mon. 2/10 2 - 4 pm

Managing Stress as a Parent

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Fri. 3/6 10 am - 12 pm

Raising Sons & Daughters

Parents play a crucial role in the lives of their children. Understand the impact both fathers and mothers have on the lives of their children while exploring tips and strategies for raising healthy sons and daughters.

Wed. 4/8 10 am - 12 pm

Raising Emotionally Intelligent Children

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Mon. 5/4 2 - 4 pm

HELEN'S HOPE CHEST

126 E. University Dr.
Mesa, AZ 85201

Relatives as Parents Support Group

Join other kinship families to find support and community connections

2nd Tues. of every month 6 - 7:30 pm

HIRSCH ACADEMY

6535 E. Osborn Rd. #401
Scottsdale, AZ 85251

Understanding Temperament

Learn the three main innate temperament styles and the traits impacting child and adult behavior. We explain how to adjust parenting styles to meet the needs of each child's temperament, in order to promote healthy development.

Wed. 2/26 6 - 8 pm

Parenting Through Adverse Childhood Experiences

As a second part to our Adverse Childhood Experiences workshop, this is aimed at helping parent through the effects adverse childhood experiences. Explore strategies to build emotionally healthy families by learning about the healing process and behavior management techniques.

Wed. 3/25 6 - 8 pm

ICAN

650 E. Morelos Street
Chandler, AZ 85225

Bullying – Signs, Symptoms, and Solutions

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Thurs. 1/9 5:30 - 7:30 pm

Adverse Childhood Experiences

Childhood trauma effects behavior into adulthood. Learn about the behavioral impacts, and how to promote healthy behaviors to keep kids safe.

Thurs. 5/14 5:30 - 7:30 pm

MESA PUBLIC LIBRARY

64 E 1st St.
Mesa, AZ 85201

**Must register with the library*

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Tues. 3/3 3 - 5 pm

Adverse Childhood Experiences

Childhood trauma effects behavior into adulthood. Learn about the behavioral impacts, and how to promote healthy behaviors to keep kids safe.

Tues. 4/7 5:30 - 7:30 pm

Parenting on the Same Page

Information and strategies for co-parenting children whether you're in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children to grow into healthy adults. Learn about communication patterns and analyze individual communication styles.

Tues. 5/5 5:30 - 7:30 pm

MESA PUBLIC SCHOOLS - IRVING ELEMENTARY

3220 E. Pueblo Ave.
Mesa, AZ 85204

Adverse Childhood Experiences

Childhood trauma effects behavior into adulthood. Learn about the behavioral impacts, and how to promote healthy behaviors to keep kids safe.

Thurs. 3/19 6 - 8 pm

Managing Stress as a Parent

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Thurs. 5/7 6 - 8 pm

**SCOTTSDALE FAMILY
RESOURCE CENTER**

6535 E. Osborn Road Building 7
Scottsdale, AZ 85251

**SCOTTSDALE LIBRARIES - CIVIC
CENTER**

3839 N. Drinkwater Blvd.
Scottsdale, AZ 85251

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage as well as practical suggestions to improve communication with young children.

Tues. 1/21 10 am - 12 pm

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Mon. 1/27 5 - 7 pm

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Tues. 2/25 10 am - 12 pm

Parenting on the Same Page

Information and strategies for co-parenting children whether you're in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children to grow into healthy adults. Learn about communication patterns and analyze individual communication styles.

Tues. 3/31 10 am - 12 pm

Kindergarten Readiness

This workshop focuses on how to help children make the transition from preschool into kindergarten. Each participant will receive a free kindergarten readiness kit (while supplies last).

Tues. 4/21 10 am - 12 pm

Raising Emotionally Intelligent Children

Social emotional development in children is crucial to a child's ability to survive and thrive. Together, we explore the foundation of emotional health and literacy as well as strategies to support social and emotional development from early childhood through teen years.

Thurs. 1/9 5:30 - 7:30 pm

Kindergarten Readiness

This workshop focuses on how to help children make the transition from preschool into kindergarten. Each participant will receive a free kindergarten readiness kit (while supplies last).

Thurs. 3/12 5:30 - 7:30 pm

**SCOTTSDALE LIBRARIES - ARABIAN
BRANCH**

10215 E. McDowell Mountain Ranch Rd.
Scottsdale, AZ 85255

A Guide to Healthy Teen Dating

Walk away with a better understanding of how to influence your teen to have healthy teen dating relationships while also learning the signs of dating violence. This workshop is recommended for parents with children as young as 11-years.

Thurs. 2/6 5:30 pm - 7:30 pm

**TEMPE SCHOOLS - BUSTOZ LEARNING
CENTER**

2020 E. Carson Dr.
Tempe, AZ 85282

Bullying – Signs, Symptoms, and Solutions

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Wed. 2/12 12 - 2 pm

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage as well as practical suggestions to improve communication.

Tues. 3/31 12 - 2 pm