



IN PERSON COMMUNITY-BASED CLASSES & WORKSHOPS

CONTACT & REGISTRATION

To receive this via email, contact us at classregistration@childcrisisaz.org, (480) 834-9424 or childcrisisaz.org.

INFORMATION

Pre-registration is required for services. Each class has a minimum. If a class is not full it will be cancelled prior to the first night. We no longer provide child care. Children may not go into class or be left unattended on the premises. You must arrive no more than 5 minutes late to receive credit for a class or workshop. Child Crisis Arizona facilities are drug, alcohol, and weapon-free.

The Arizona Relay Service provides free 24-hr phone access for the deaf, hard of hearing, deaf-blind, and speech impaired. TTY: 711 or 1.800.367.8939 Voice: 1.800.842.4681.

**CLASSES AND WORKSHOPS ARE SUBJECT TO CHANGE.
PLEASE VISIT OUR WEBSITE FOR UPDATED SCHEDULE INFORMATION.**

Children's Museum of Phoenix
215 N 7th St
Phoenix, AZ 85034

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage as well as practical suggestions to improve communication with young children.

Mon. 9/27 10 am - 12 pm

Positive Discipline and Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

Mon. 10/25 10 am - 12 pm

Raising Emotionally Intelligent Children

Social emotional development in children is crucial to a child's ability to survive and thrive. Together, we explore the foundation of emotional health and literacy as well as strategies to support social and emotional development from early childhood through teen years.

Mon. 11/22 10 am - 12 pm

Kindergarten Readiness

This workshop focuses on how to help children make the transition from preschool into kindergarten.

Mon. 12/13 10 am - 12 pm

Coffelt-Lamoreaux Apartment Homes
1510 S 19th Dr
Phoenix, AZ 85009

Parenting the Love and Logic Way®

Parenting course, developed by Love and Logic Institute, designed to help find specific answers and actions for some of those difficult moments in child rearing. These simple techniques are effective with all children, from toddlers to teens. \$10 book fee.

Thursdays 9/9-10/14 10 am - 12 pm

**FLORENCE SCHOOL DISTRICT--
District Office Auditorium**
1000 S Main St
Florence, AZ 85132

Healing Trauma

Helping your child heal after they have experienced a traumatic event can be a long and difficult journey. Learn what some common behaviors are that you might see, how to effectively communicate about the trauma, and how you can support your child along the way.

Mon. 9/13 6 - 8pm

**FLORENCE SCHOOL DISTRICT--
POSTON BUTTE HIGH SCHOOL**

32375 N. Gantzel Road
San Tan Valley, AZ 85143

Raising Emotionally Intelligent Children

Social emotional development in children is crucial to a child's ability to survive and thrive. Together, we explore the foundation of emotional health and literacy as well as strategies to support social and emotional development from early childhood through teen years.

Tues. 10/26 6 - 8 pm

**FLORENCE SCHOOL DISTRICT--
WALKER BUTTE CAFETERIA K-8**

29697 N Desert Willow Blvd
San Tan Valley, AZ 85143

Adverse Childhood Experiences

Childhood trauma effects behavior into adulthood. Learn about the behavioral impacts, and how to promote healthy behaviors to keep kids safe.

Weds. 11/17 6 - 8 pm

**FLORENCE SCHOOL DISTRICT--
ANTHEM K-8 CAFETERIA**

2700 N Anthem Way
Florence, AZ 85132

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage as well as practical suggestions to improve communication with young children.

Thurs. 12/16 6 - 8 pm

FRESH START WOMEN'S FOUNDATION

1130 E. McDowell Road
Phoenix, AZ 85006

FSWF workshops only available to individuals who identify as female.

Parenting on the Same Page

Information and strategies for co-parenting children whether you're in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children to grow into healthy adults. Learn about communication patterns and analyze individual communication styles.

Mon. 10/11 9:30 - 11:30 am

Positive Discipline and Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

Mon. 11/1 2 - 4 pm

Managing Stress as a Parent

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Thurs. 12/2 9:30 - 11:30 am

**MESA PUBLIC SCHOOLS - ADAMS
ELEMENTARY**

738 S Longmore
Mesa, AZ 85202

Managing Stress as a Parent

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Weds. 10/13 6 - 8 pm

ONE SMALL STEP

710 N Cooper Rd
Gilbert, AZ 85233

**located inside the Cottonwood Professional Plaza*

Car Seat Safety

Let's talk about car seat safety! A Certified Car Seat Technician will provide instruction and information and you will learn all about your children being safe while they ride in your car. Car seats will be provided to participants that qualify.

Thurs. 10/21 10 am - 12 pm

**SCOTTSDALE FAMILY
RESOURCE CENTER**

6535 E. Osborn Road Building 7
Scottsdale, AZ 85251

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage as well as practical suggestions to improve communication with young children.

Tues. 9/14 10 am - 12 pm

**SCOTTSDALE FAMILY
RESOURCE CENTER**

6535 E. Osborn Road Building 7
Scottsdale, AZ 85251

Understanding Temperament

Learn the three main innate temperament styles and the traits impacting child and adult behavior. We explain how to adjust parenting styles to meet the needs of each child's temperament, in order to promote healthy development.

Tues. 10/19 10 am - 12 pm

**TEMPE SCHOOLS - BUSTOZ LEARNING
CENTER**

2020 E. Carson Dr.
Tempe, AZ 85282

Adverse Childhood Experiences

Childhood trauma effects behavior into adulthood. Learn about the behavioral impacts, and how to promote healthy behaviors to keep kids safe.

Weds. 9/8 9 - 11 am

Bullying – Signs, Symptoms, and Solutions

A bully is defined as an individual who seeks out others that are viewed as vulnerable, with intent to cause harm. Bullying is a reality for our youth, and it's important to know signs and strategies to support those who are bullying and being bullied.

Mon. 10/18 9 - 11 am

Kindergarten Readiness

This workshop focuses on how to help children make the transition from preschool into kindergarten.

Weds. 11/10 9 - 11 am

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage as well as practical suggestions to improve communication with young children.

Thurs. 12/9 9 - 11 am