

#### COMMUNITY November & December 2023

### IN PERSON COMMUNITY-BASED CLASSES & WORKSHOPS

#### **CONTACT & REGISTRATION**

To receive this via email, contact us at classregistration@childcrisisaz.org, (480) 834-9424 or childcrisisaz.org.

#### INFORMATION

Pre-registration is required for services. Each class has a minimum. If a class is not full it will be cancelled prior to the first night. Child care is not provided. Children may not go into class or be left unattended on the premises. You must arrive no more than 5 minutes late to receive credit for a class or workshop. Child Crisis Arizona facilities are drug, alcohol, and weapon-free.

The Arizona Relay Service provides free 24-hr phone access for the deaf, hard of hearing, deaf-blind, and speech impaired. TTY: 711 or 1.800.367.8939 Voice: 1.800.842.4681.

CLASSES AND WORKSHOPS ARE SUBJECT TO CHANGE.
PLEASE VISIT OUR WEBSITE FOR UPDATED SCHEDULE INFORMATION.

#### Duet

10000 N. 31st Ave. Suite D200 Phoenix, AZ 85051

#### **Better Money Habits**

Join us as we discuss establishing new money habits or improving upon existing ones. Topics include developing spending plans, protecting your money from fraud and scams, and managing credit and debt. This program is presented in partnership with Bank of America.

Mon. 11/6 10 am - 12 pm

**GESD System of Care Center** 7677 W. Bethany Home Road Glendale, AZ 85303

#### Managing Stress as a Parent

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Tues. 12/5 10 am - 12 pm

#### **Harris Elementary School**

1820 S. Harris Drive Mesa, AZ 85006

### **Single Parenting**

Parenting alone comes with many unique challenges. Connect with other parents while exploring strategies to parent successfully while maintaining a single parent household.

Thurs. 11/2

5 - 7 pm

### **Raising Sons and Daughters**

Parents play a crucial role in the lives of their children. Understand the impact both fathers and mothers have on the lives of their children while exploring tips and strategies for raising healthy sons and daughters.

Mon. 12/4

4 - 6 pm

# **Kenilworth Elementary School**

1210 N. 5th Ave. Phoenix, AZ 85003

## **Snapchat as a Drug Dealing Trend**

Social Media has become part of our children's life which can include some risks and dangers. In this course you will be learning about the risks of using Snapchat, how it may be used to access substances, and what you can do to protect your children from the risks.

Thurs. 11/2 3:30 - 5 pm

### The Rise of Fentanyl

Fentanyl is a danger for our community and children. In this course learn about what fentanyl is, how big the problem is and what we can do as caregivers to keep our children safe from this dangerous substance.

Thurs. 11/16 3:30 - 5 pm

One Small Step | Clothes Cabin
\*located inside the Cottonwood Professional Plaza
710 N. Cooper Rd.
Gilbert, AZ 85233

## Parenting on the Same Page

Information and strategies for co-parenting children whether you're in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children grow into healthy adults.

Mon. 12/11 10 am - 12 pm

# San Marcos Elementary School 451 W. Frye Rd. Chandler, AZ 85225

# Managing Stress as a Parent

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Thurs. 11/16 6 - 8 pm