



COMMUNITY Spring 2024

IN PERSON COMMUNITY-BASED CLASSES & WORKSHOPS

CONTACT & REGISTRATION

To receive this via email, contact us at classregistration@childcrisisaz.org, (480) 834-9424 or childcrisisaz.org.

INFORMATION

Pre-registration is required for services. Each class has a minimum. If a class is not full it will be cancelled prior to the first night. We no longer provide child care. Children may not go into class or be left unattended on the premises. You must arrive no more than 5 minutes late to receive credit for a class or workshop. Child Crisis Arizona facilities are drug, alcohol, and weapon-free.

The Arizona Relay Service provides free 24-hr phone access for the deaf, hard of hearing, deaf-blind, and speech impaired. TTY: 711 or 1.800.367.8939 Voice: 1.800.842.4681.

**CLASSES AND WORKSHOPS ARE SUBJECT TO CHANGE.
PLEASE VISIT OUR WEBSITE FOR UPDATED SCHEDULE INFORMATION.**

CUSD: Bologna Elementary School

1625 E Frye Rd,
Chandler, AZ 85225

Positive Discipline and Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

Wed. 4/17

5 - 7 pm

Snapchat as a Drug Dealing Trend

Social Media has become part of our children's life which can include some risks and dangers. In this course you will be learning about the risks of using Snapchat, how it may be used to access substances, and what you can do to protect your children from the risks.

Mon. 4/1

6 - 7:30 pm

CUSD: Hartford Sylvia Encinas Elementary School

700 N Hartford St,
Chandler, AZ 85225

Positive Discipline and Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

Thurs. 1/18

10 am - 12 pm

Duet

10000 N. 31st Ave. Suite D200
Phoenix, AZ 85051

The Rise of Fentanyl

Fentanyl is a danger for our community and children. In this course learn about what fentanyl is, how big the problem is and what we can do as caregivers to keep our children safe from this dangerous substance.

Tues. 2/20

10 - 11:30 am

CUSD: San Marcos Elementary School

451 W Frye Rd,
Chandler, AZ 85225

Bullying; Signs, Symptoms, and Solutions

A bully is defined as an individual who seeks out others that are viewed as vulnerable, with intent to cause harm. Bullying is a reality for our youth, and it's important to know signs and strategies to support those who are bullying and being bullied.

Tues. 1/30

6 - 8 pm

Healing Trauma

Helping your child heal after they have experienced a traumatic event can be a long and difficult journey. Learn what some common behaviors are that you might see, how to effectively communicate about the trauma, and how you can support your child along the way.

Wed. 4/3

6 - 8 pm

GESD System of Care Center

7677 W. Bethany Home Road
Glendale, AZ 85303

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage.

Mon. 3/11 10 am - 12 pm

Water Safety

Water safety is important for all ages, but especially for toddlers. Drowning is the leading cause of injury death in children 1-4 years old. Young children can drown in as little as an inch or two of water, and it can happen quickly and silently. Join our class and learn how to create layers of protection to keep your family safe and reduce drowning risks.

Wed. 5/15 10 - 11 am

GPS: Boulder Creek Elementary School

8045 E Portobello Ave,
Mesa, AZ 85212

Anger Management for Kids

Learn skills and techniques to help your child with their own anger management in this two part program. Typically taught as a parent and child program, this session will be for parents only.

Mon. & Wed. 3/4 & 3/6 10 am - 12 pm

GPS: Desert Ridge High School

10045 E Madero Ave,
Mesa, AZ 85209

A Guide to Healthy Teen Dating

Walk away with a better understanding of how to influence your teen to have healthy teen dating relationships while also learning the signs of dating violence. This workshop is recommended for parents with children as young as 11-years.

Thurs. 1/11 5 - 7 pm

GPS: Harris Elementary School

1820 S Harris Dr,
Mesa, AZ 85204

Snapchat as a Drug Dealing Trend

Social Media has become part of our children's life which can include some risks and dangers. In this course you will be learning about the risks of using Snapchat, how it may be used to access substances, and what you can do to protect your children from the risks.

Tues. 2/27 6 - 7:30 pm

Managing Stress as a Parent

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Wed. 4/24

5 - 7 pm

GPS: Highland Park Elementary School

230 N Cole Dr,
Gilbert, AZ 85234

Conscious Discipline

Conscious Discipline is a two part evidence-based, trauma-informed approach to parenting. Learn ways to manage your emotions while helping your child manage their emotions, leading to a stronger parent-child relationship. Learn ways to problem solve during difficult behaviors and use effective consequences as a parent. This program will focus on your child's social and emotional learning.

Mon. & Wed. 2/26 & 2/28

6 - 8 pm

GPS: Playa Del Ray Elementary School

550 N Horne St,
Gilbert, AZ 85233

Parenting on the Same Page

Information and strategies for co-parenting children whether you're in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children grow into healthy adults.

Wed. 5/1

6 - 8 pm

GPS: Sonoma Ranch Elementary School

601 N Key Biscayne Dr,
Gilbert, AZ 85234

Bullying; Signs, Symptoms, & Solutions

A bully is defined as an individual who seeks out others that are viewed as vulnerable, with intent to cause harm. Bullying is a reality for our youth, and it's important to know signs and strategies to support those who are bullying and being bullied.

Thurs. 4/18

10 am - 12 pm

Gracie's Village
1520 E Apache Blvd,
Tempe, AZ 85281

Bullying; Signs, Symptoms, & Solutions

A bully is defined as an individual who seeks out others that are viewed as vulnerable, with intent to cause harm. Bullying is a reality for our youth, and it's important to know signs and strategies to support those who are bullying and being bullied.

Mon. 1/8 10 am - 12 pm

Single Parenting

Parenting alone comes with many unique challenges. Connect with other parents while exploring strategies to parent successfully while maintaining a single parent household.

Tues. 3/19 10 am - 12 pm

Conscious Discipline

Conscious Discipline is a two part evidence-based, trauma-informed approach to parenting. Learn ways to manage your emotions while helping your child manage their emotions, leading to a stronger parent-child relationship. Learn ways to problem solve during difficult behaviors and use effective consequences as a parent. This program will focus on your child's social and emotional learning.

Tues. & Thurs. 5/28 & 5/30 10 am - 12 pm

Homeward Bound
2302 W. Colter St.
Phoenix, AZ 85006

Healing Trauma

Helping your child heal after they have experienced a traumatic event can be a long and difficult journey. Learn what some common behaviors are that you might see, how to effectively communicate about the trauma, and how you can support your child along the way.

Wed. 1/10 10 am - 12 pm

Raising Sons & Daughters

Parents play a crucial role in the lives of their children. Understand the impact both fathers and mothers have on the lives of their children while exploring tips and strategies for raising healthy sons and daughters.

Tues. 3/5 10 am - 12 pm

Bullying; Signs, Symptoms, and Solutions

A bully is defined as an individual who seeks out others that are viewed as vulnerable, with intent to cause harm. Bullying is a reality for our youth, and it's important to know signs and strategies to support those who are bullying and being bullied.

Tues. 5/21 10 am - 12 pm

Madison Rose Lane Elementary School
1155 E Rose Ln,
Phoenix, AZ 85014

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage.

Thurs. 2/8 4 - 6 pm

MPS: Madison Elementary School

849 S Sunnyvale,
Mesa, AZ 85206

Raising Emotionally Intelligent Children

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage.

Tues. 1/23 9 - 11 am

One Small Step | Clothes Cabin

***located inside the Cottonwood Professional Plaza**

710 N. Cooper Rd.
Gilbert, AZ 85233

Promoting Secure Attachment

Secure attachment is the foundation for healthy relationships from childhood into adulthood. Explore parenting strategies and interactions to foster healthy attachment in your child's life.

Wed. 3/13 10 am - 12 pm

Car Seat Safety

Let's talk about car seat safety! A Certified Car Seat Technician will provide instruction and information and you will learn all about your children being safe while they ride in your car. Car seats will be provided to participants that qualify.

Thurs. 5/23 10 am - 12 pm

Scottsdale Family Resource Center

6535 E. Osborn Road Bldg. 7,
Scottsdale, AZ, 85251

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage.

Tues. 3/26 10 am - 12 pm

Managing Stress as a Parent

Stress affects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Wed. 5/29 10 am - 12 pm