



COMMUNITY-BASED CLASSES & WORKSHOPS

CLASSES AND WORKSHOPS ARE SUBJECT TO CHANGE.

Please visit <https://register.communitypass.net/ChildCrisisArizona> for most updated schedule information.

CONTACT & REGISTRATION

To receive this via email, contact us at classregistration@childcrisisaz.org, (480) 834-9424 or childcrisisaz.org. To self-register for classes & workshops online <https://register.communitypass.net/ChildCrisisArizona>

INFORMATION

Pre-registration is required for services. Each class has a minimum. If a class is not full, it will be canceled prior to the first night. We no longer provide childcare. Children may not go into class or be left unattended on the premises. You must arrive no more than 5 minutes late to receive credit for a class or workshop.

Child Crisis Arizona facilities are drug, alcohol, and weapon-free.

The Arizona Relay Service provides free 24-hr phone access for the deaf, hard of hearing, deaf-blind, and speech impaired. TTY: 711 or 1 (800) 367-8939 Voice: 1 (800) 842-4681

SERVICIOS EN ESPAÑOL

Para clases en español, vea nuestro boletín de clases y servicios para padres en español.

FRESH START WOMEN'S FOUNDATION

1130 E. McDowell Road
Phoenix, AZ 85006

FSWF workshops only available to individuals who identify as female. Participants are required to register with both Child Crisis Arizona and with FSWF at (602) 252-8494.

Parenting and Stress

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Friday 1/18/19 9:30 am – 11:30 am

Positive Discipline and Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to proactively encourage the behavior you want to see with these positive parenting strategies.

Thursday 1/31/19 5:45 pm – 7:45 pm

Kindergarten Readiness

This workshop focuses on how to help children make the transition from preschool into kindergarten. Each participant will receive a free kindergarten readiness kit.

Thursday 2/21/19 9:30 am – 11:30 am

Parenting Through Adverse Childhood Experiences

As a second part to our Adverse Childhood Experiences workshop, this is aimed at helping parent through the effects adverse childhood experiences. Explore strategies to build emotionally healthy families by learning about the healing process and behavior management techniques.

Monday 2/25/19 5:45 pm – 7:45 pm

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage.

Monday 3/25/19 5:45 pm – 7:45 pm

**MESA PUBLIC SCHOOLS
PARENT UNIVERSITY**

**MPS – Longfellow Elementary
345 S. Hall, Mesa, AZ 85204**

Adverse Childhood Experiences

Awareness of the effects of childhood trauma on adult health and how to keep kids safe and healthy.

Tuesday 2/19/19 6:00 pm – 8:00 pm

MPS - Falcon Hill Elementary
1645 N. Sterling, Mesa, AZ 85207

Raising Healthy Sons

31 Tips for raising healthy sons.

Monday 3/18/19 6:00 pm – 8:00 pm

Fathers Raising Daughters

Learn the impacts fathers have on their daughter's lives.

Monday 4/22/19 6:00 pm – 8:00 pm

ICAN

650 E. Morelos Street
Chandler, AZ 85225

A Caregiver's Guide to Understanding Teen Dating Violence

Walk away with a better understanding of how to influence your teen to have healthy teen dating relationships while also learning the signs of dating violence. This workshop is recommended for parents with children as young as 11-years.

Thursday 4/18/19 5:30 – 7:30 pm

He Said, She Said: Improving Interpersonal Communication with your Co-Parent

Strategies to enhance and understand male and female communication.

Thursday 5/16/19 5:30 – 7:30 pm

A NEW LEAF - LA MESITA

2254 W. Main Street
Mesa, AZ 85201

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage.

Tuesday 1/22/19 6:30 - 8:30 pm

Parenting and Stress

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Thursday 2/28/19 6:30 - 8:30 pm

Single Parenting Today

Parenting alone comes with many unique challenges. Connect with other parents while exploring strategies to parent successfully while maintaining a single parent household.

Tuesday 3/26/19 6:30 – 8:30 pm

Parenting on the Same Page

Information and strategies for co-parenting children whether you're in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children grow into healthy adults.

Thursday 4/25/19 6:30 – 8:30 pm

Positive Discipline and Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to proactively encourage the behavior you want to see with these positive parenting strategies.

Tuesday 5/28/19 6:30 – 8:30 pm

SCOTTSDALE FAMILY RESOURCE CENTER

6535 E. Osborn Road Building 7
Scottsdale, AZ 85251

Positive Discipline and Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to proactively encourage the behavior you want to see with these positive parenting strategies.

Wednesday 1/30/19 10:00 am – 12:00 pm

Little Bookworms

Strategies for helping children ages 0 - 5 learn language, communication and literacy skills.

Wednesday 2/20/19 10:00 am – 12:00 pm

Attachment and Bonding with Infants and Toddlers

Secure attachment is the foundation for healthy relationships from childhood into adulthood.

Explore parenting strategies and interactions to foster healthy attachment in your child's life.

Wednesday 3/20/19 10:00 am – 12:00 pm

Kindergarten Readiness

This workshop focuses on how to help children make the transition from preschool into kindergarten. Each participant will receive a free kindergarten readiness kit.

Wednesday 4/17/19 10:00 am – 12:00 pm

Potty Training 101

Strategies for helping your child potty train successfully.

Wednesday 5/8/19 10:00 am – 12:00 pm

Beating Bedtime Battles

Strategies for winning the bedtime battles with your kids.

Wednesday 5/22/19 10:00 am – 12:00 pm

AZCEND

345 S. California Street
Chandler, AZ 85225

Little Bookworms

Strategies for helping your child birth - 5 learn language, communication and literacy skills.

Wednesday 4/17/19 2:00 – 4:00 pm

Attachment and Bonding with Infants and Toddlers

Secure attachment is the foundation for healthy relationships from childhood into adulthood.

Explore parenting strategies and interactions to foster healthy attachment in your child's life.

Wednesday 5/15/19 2:00 – 4:00 pm

AZCEND

132 W. Bruce Ave.
Gilbert, AZ 85233

Parenting and Stress

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Tuesday 3/19/19 2:00 – 4:00 pm

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage.

Tuesday 4/23/19 2:00 – 4:00 pm

HEALING HEARTS PEDIATRICS

21805 S. Ellsworth Rd. Suite B111
Queen Creek, AZ 85142

Getting to the Root of Routines

Routines are crucial to healthy child development. Learn about routines and how they apply to common parenting challenges, bedtime battles and potty training. Apply your new knowledge by creating a new routine during the session. Aimed at families with children birth to 3-years.

Monday 2/4/19 2:00 – 4:00 pm

Communicating Effectively with Infants & Toddlers

An overview of successful parent/child communication styles as well as practical suggestions to improve communication with young children.

Wednesday 3/13/19 10:00 am – 12:00 pm

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage.

Monday 4/8/19 2:00 – 4:00 pm

Attachment and Bonding with Infants and Toddlers

Secure attachment is the foundation for healthy relationships from childhood into adulthood. Explore parenting strategies and interactions to foster healthy attachment in your child's life

Wednesday 5/15/19 10:00 am – 12:00 pm