



COMMUNITY-BASED CLASSES & WORKSHOPS

CLASSES AND WORKSHOPS ARE SUBJECT TO CHANGE.

Please visit <https://register.communitypass.net/ChildCrisisArizona> for most updated schedule information.

CONTACT & REGISTRATION

To receive this via email, contact us at classregistration@childcrisisaz.org, (480) 834-9424 or childcrisisaz.org.

INFORMATION

Pre-registration is required for services. Each class has a minimum. If a class is not full it will be cancelled prior to the first night. We no longer provide child care. Children may not go into class or be left unattended on the premises. You must arrive no more than 5 minutes late to receive credit for a class or workshop.

Child Crisis Arizona facilities are drug, alcohol, and weapon-free.

The Arizona Relay Service provides free 24-hr phone access for the deaf, hard of hearing, deaf-blind, and speech impaired. TTY: 711 or 1.800.367.8939 Voice: 1.800.842.4681.

A NEW LEAF - LA MESITA

2254 W. Main Street
Mesa, AZ 85201

AZCEND

345 S. California Street
Chandler, AZ 85225

Raising Emotionally Intelligent Children

Social emotional development in children is crucial to a child's ability to survive and thrive. Together, we explore the foundation of emotional health and literacy as well as strategies to support social and emotional development from early childhood through teen years.

Monday **6/3** **6:30 - 8:30 pm**

Understanding Online Safety

In a world where technology continues to advance, youth today are exposed to many things through the internet, social media and various apps. Learn about online safety, setting technology limits and other media issues that youth are facing when online.

Thursday **7/11** **6:30 - 8:30 pm**

Positive Discipline & Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

Tuesday **8/13** **6:30 - 8:30 pm**

Promoting Secure Attachment

Secure attachment is the foundation for healthy relationships from childhood into adulthood. Explore parenting strategies and interactions to foster healthy attachment in your child's life.

Wednesday **6/12** **2 - 4 pm**

Parenting on the Same Page

Information and strategies for co-parenting children whether you're in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children grow into healthy adults.

Tuesday **7/10** **2 - 4 pm**

Managing Stress as a Parent

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Wednesday **8/14** **2 - 4 pm**

Getting to the Root of Routines

Routines are crucial to healthy child development. Learn about routines and how they apply to common parenting challenges, bedtime battles and potty training. Apply your new knowledge by creating a new routine during the session. Aimed at families with children birth to 3 years old.

Friday 8/23 10 am - 12 pm

GOODWILL CAREER CENTER

**1625 W. Camelback Rd.
Phoenix, AZ 85015**

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage.

Friday 6/14 10 am - 12 pm

Raising Sons & Daughters

Parents play a crucial role in the lives of their children. Understand the impact both fathers and mothers have on the lives of their children while exploring tips and strategies for raising healthy sons and daughters.

Friday 7/26 10 am - 12 pm

MESA PUBLIC LIBRARY

**64 E 1st St.
Mesa, AZ 85201**

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11 years old. Learn how to help address key features within each developmental stage.

Monday 6/17 10 am - 12 pm

Communicating Effectively with Infants & Toddlers

An overview of successful parent/child communication styles as well as practical suggestions to improve communication with young children.

Monday 7/15 10 am - 12 pm

Raising Emotionally Intelligent Children

Social emotional development in children is crucial to a child's ability to survive and thrive. Together, we explore the foundation of emotional health and literacy as well as strategies to support social and emotional development from early childhood through teen years.

Monday 8/19 10 am - 12 pm

SCOTTSDALE FAMILY RESOURCE CENTER

**6535 E. Osborn Road Building 7
Scottsdale, AZ 85251**

Understanding Temperament

Learn the three main innate temperament styles and the traits impacting child and adult behavior. We explain how to adjust parenting styles to meet the needs of each child's temperament, in order to promote healthy development.

Wednesday 7/3 10 am - 12 pm

Getting to the Root of Routines

Routines are crucial to healthy child development. Learn about routines and how they apply to common parenting challenges, bedtime battles and potty training. Apply your new knowledge by creating a new routine during the session. Aimed at families with children birth to 3 years old.

Wednesday 7/31 10 am - 12 pm

Communicating Effectively with Infants

An overview of successful parent/child communication styles as well as practical suggestions to improve communication with young children.

Wednesday 8/21 10 am - 12 pm

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650 E. Morelos Street
Chandler, AZ 85225

Understanding Online Safety

In a world where technology continues to advance, youth today are exposed to many things through the internet, social media and various apps. Learn about online safety, setting technology limits and other media issues that youth are facing when online.

Thursday 6/6 5:30 - 7:30 pm

Understanding Temperament

Learn the three main innate temperament styles and the traits impacting child and adult behavior. We explain how to adjust parenting styles to meet the needs of each child's temperament, in order to promote healthy development.

Thursday 7/18 5:30 - 7:30 pm

HELEN'S HOPE CHEST

126 E. University Dr.
Mesa, AZ 85201

Relatives as Parents Support Group

Join other kinship families to find support and community connections

2nd Tuesday of every month 6 - 7:30 pm