



FAMILY RESOURCE CLASSES & WORKSHOPS

CLASSES & WORKSHOPS ARE SUBJECT TO CHANGE.

Please visit <https://register.communitypass.net/ChildCrisisArizona> for most updated schedule information.

CONTACT & REGISTRATION

To receive this via email, contact us at classregistration@childcrisisaz.org, (480) 834-9424 or childcrisisaz.org.

INFORMATION

Pre-registration is required for services. Each class has a minimum. If a class is not full it will be cancelled prior to the first night. We no longer provide child care. Children may not go into class or be left unattended on the premises. You must arrive no more than 5 minutes late to receive credit for a class or workshop. Child Crisis Arizona facilities are drug, alcohol, and weapon-free.

The Arizona Relay Service provides free 24-hr phone access for the deaf, hard of hearing, deaf-blind, and speech impaired. TTY: 711 or 1.800.367.8939 Voice: 1.800.842.4681

PARENTING CLASSES

Active Parenting (Class requires \$20 book)

Parenting skills class for parents of children ages 5-12. 6-week class, must meet weekly.

Thursdays 7/11 - 8/15 1 - 3 pm

First Five Years (class requires \$15 book)

Learn to build a strong foundation for children birth to age five. 4-week class must meet weekly.

Tuesdays 6/18 - 7/9 10 am - 12 pm

PARENTING WORKSHOPS

Adverse Childhood Experiences

Childhood trauma effects behavior into adulthood. Learn about the behavioral impacts, and how to promote healthy behaviors to keep kids safe.

Tuesday 8/27 9 - 11 am

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage.

Wednesday 8/14 1 - 3 pm

Communicating Effectively with Infants & Toddlers

An overview of successful parent/child communication styles as well as practical suggestions to improve communication with young children.

Thursday 8/22 10 am - 12 pm

Kindergarten Readiness

This workshop focuses on how to help children make the transition from preschool into kindergarten. Each participant will receive a free kindergarten readiness kit.

Tuesday 8/6 11 am - 1 pm

Little Bookworms

Strategies for helping your 0-5 year old child learn language, communication and literacy skills.

Tuesday 7/30 1 - 3 pm

Managing Stress as a Parent

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

Friday 8/16 10 am - 12 pm

Parenting on the Same Page

Information and strategies for co-parenting children whether you're in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children grow into healthy adults.

Monday 8/12 12 - 2 pm

Positive Discipline & Guidance

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

Monday 7/29 12 - 2 pm

Promoting Secure Attachment

Secure attachment is the foundation for healthy relationships from childhood into adulthood. Explore parenting strategies and interactions to foster healthy attachment in your child's life.

Tuesday 7/30 10 am - 12 pm

Raising Emotionally Intelligent Children

Social emotional development in children is crucial to a child's ability to survive and thrive. Together, we explore the foundation of emotional health and literacy as well as strategies to support social and emotional development from early childhood through teen years.

Wednesday 8/7 1 - 3 pm

Raising Sons & Daughters

Parents play a crucial role in the lives of their children. Understand the impact both fathers and mothers have on the lives of their children while exploring tips and strategies for raising healthy sons and daughters.

Thursday 8/29 1 - 3 pm

Single Parenting Today

Parenting alone comes with many unique challenges. Connect with other parents while exploring strategies to parent successfully while maintaining a single parent household.

Tuesday 8/20 9 - 11 am

Understanding Online Safety

In a world where technology continues to advance, youth today are exposed to many things through the internet, social media and various apps. Learn about online safety, setting technology limits and other media issues that youth are facing when online.

Tuesday 7/23 1 - 3 pm

Understanding Temperament

Learn the three main innate temperament styles and the traits impacting child and adult behavior. We explain how to adjust parenting styles to meet the needs of each child's temperament, in order to promote healthy development.

Monday 8/19 1 - 3 pm